

Faith at Work

A short course action plan

21 14th Street, Marlboro, Sandton | Sundays 09:00-11:00 SAST

Work with purpose

Colossians 3:23-24

Work includes regular paid employment, study, caring for family, and tasks that nobody notices. Colossians invites wholehearted service with our attention directed toward the Lord. That invitation can give ordinary responsibilities meaning, even when a day feels repetitive. Faithfulness does not require pretending every workplace is healthy or every demand reasonable. It begins with the responsibilities genuinely entrusted to us and the people affected by our choices. Today, choose one task you can approach with care. Ask what honest, thoughtful work would look like in your circumstances. You may need concentration, help, a clear boundary, or a conversation about expectations. Offer your effort to God, remembering that your worth is not measured by productivity or the approval of other people.

Reflect: Which ordinary responsibility could I approach with greater care today?

My next step: Choose one manageable task, pray briefly, and give it ten minutes of focused attention.

My notes: _____

Choose integrity

Proverbs 11:3

Integrity grows through small, everyday choices long before a difficult decision arrives. Proverbs describes integrity as a guide for the upright. At work, that may involve reporting information accurately, acknowledging a mistake, giving credit, or keeping a promise. It also means being honest about what you cannot complete. You do not need a dramatic opportunity to practice faithfulness. Consider one place where pressure makes shortcuts tempting. What would a truthful response require? Sometimes the next step is to correct a detail; sometimes it is to ask a trusted person for guidance. Bring the situation to God without hiding your fear. A careful, honest step can strengthen trust and help you serve others with a clearer conscience as you continue learning.

Reflect: Where would one honest conversation or correction strengthen trust?

My next step: Correct one small inaccuracy, acknowledge one mistake, or clearly communicate one realistic commitment.

My notes: _____

Notice the people

Philippians 2:3-4

Our busy days can reduce people to interruptions, roles, or obstacles. Paul calls believers to humility and attention to the interests of others. This does not erase your needs; it widens your attention. A colleague may need a clear explanation, a customer may need patience, or a family member may need to feel heard. Begin by noticing rather than assuming. Ask a simple question and listen to the answer. Care can be practical and modest: sharing useful information, thanking someone for unnoticed work, or making a reasonable adjustment. You are not responsible for solving every problem. You can offer one thoughtful act within your capacity. Let love shape both the quality of your work and the way you treat people.

Reflect: Whose needs have I overlooked during a busy day?

My next step: Ask one person what would be helpful, then offer one realistic act of care.

My notes: _____